



## **INFORMATION SHEET**

Age Group: **Adolescents and Young Adults**

Sheet Title: **Transition from Secondary School to further education or Employment**

The transition process from Secondary School to further education or employment is an important time in any individual's life. It is a time of planning and securing future direction.

This process needs to be particularly carefully handled for individuals with Asperger's Syndrome, especially for those making the step from child to adult services.

For those with Asperger's Syndrome it is even more important to ensure that they are involved, feel prepared and understand the changes which are likely to take place as they reach sixteen.

It is often, unfortunately, necessary for the parents of an individual with AS to have to do much of the "leg work" to ensure all services work together in establishing an appropriate transition plan which meets the needs of the individual with AS.

The first step of the process is to create a Transition Plan with the input of all those currently involved in the life of the individual with AS – from school to social services to those at home.

### **What is a transition plan?**

A transition plan is a detailed document which should highlight the future needs of an individual and how they should be met. A transition plan should address core areas such as further education, health, housing, transport, work, relationships and hobbies.



A transition plan plays an essential role during the last years of statutory education and contributes to the smooth and successful move into adult services, ensuring all the needs of the individuals are being met appropriately by all agencies.

The transition plan is not a static document but a document that recognises that an individual's needs may alter over time.

You can find useful contact details and information on this at:

<http://www.nas.org.uk>

Look in *How to Get Help*, then choose *Information Sheets*, then *Education*, then scroll down until you find *Transition Plan*.