



INFORMATION SHEET

Age Group: **Children / Adolescents and Young Adults / Adults**

Sheet Title: **The Effects of Living with Asperger's Syndrome**

Collectively, the characteristics of Asperger's Syndrome contribute to the extreme isolation experienced by those who suffer from it.

Often misunderstood and rejected, people with Asperger's Syndrome have very low self-esteem, which is usually expressed by anger and blame at the world around them.

Asperger's Syndrome is often not recognised or diagnosed.

It is common for children to attend mainstream schools, where they find the day-to-day life complex and difficult to deal with. They find it hard to make friends because they are seen as different by their teachers and peers, and as a result, they can experience loneliness and bullying.

Children and young people with Asperger's Syndrome may also show signs of Attention Deficit Hyperactive Disorder (ADHD), Dyspraxia and Obsessive Compulsive Disorder (OCD) as well as difficulties with impulse control and anger management.