



INFORMATION SHEET

Age Group: **Children**

Sheet Title: **Diagnosis of Asperger's Syndrome (Summary)**

Early diagnosis and intervention is essential and many of the difficulties experienced by those with Asperger's Syndrome can be alleviated by early intervention and effective support and understanding in areas such as education, therapy, and social skills.

Support needs to focus on enabling children with Asperger's Syndrome to understand the condition, how it affects their lives and what they can do to help themselves. In this way they can adopt strategies to cope and adapt to the social, interpersonal and environmental challenges they encounter on a daily basis.